

Your personalised patient journey with PredictSURE IBD™

A test for patients with newly diagnosed inflammatory bowel disease (IBD) – reducing uncertainty in your treatment choices.

The aim of this leaflet is to provide information about PredictSURE IBD™, a test that could help you and your doctor determine the best treatment path for you.

Crohn's disease (CD) and ulcerative colitis (UC) are chronic diseases, which means that they are lifelong conditions.

Over time, you may have periods of good health (remission) as well as times when your symptoms are more active (relapses or flare ups).

The challenge for you and your doctor is to agree a treatment plan which controls the flares that damage your gut; giving you as normal a life as possible.

If you have a less active form of IBD you may be able to control your condition with steroids and other milder therapies. If your IBD is more active, you may decide on closer monitoring, or begin more powerful therapies to dampen or “modulate” your immune system in order to control disease activity.

Until recently, it hasn't been possible to reliably determine whether you are likely to have a more active, or less active form of IBD.

This has resulted in a “one size fits all” approach, which starts with steroids and progresses to increasingly stronger treatments in response to flares: a step up approach.

This approach works well if you have less active IBD, but if your disease is more active, you may need to try 3 or 4 different treatments before you find the one that suits you best. This can result in ongoing pain and discomfort and risks long term damage to your gut.

PredictSURE IBD™ – a personalised approach to the treatment of IBD.

PredictSURE IBD™ is a blood test that is carried out at diagnosis and tells you if you are likely to have a more or less active form of IBD. It works for both ulcerative colitis and Crohn's disease patients. The test requires a small sample of blood (2.5 ml – half a teaspoon), which is sent away for testing; your doctor will get the results back in about a week.

The results of the test will tell you if you are at high- or low-risk of more active disease.

High- and Low-risk - what does it mean?

If you are high-risk, your doctor may choose to monitor you more closely and prescribe stronger treatment earlier, because your result indicates that a stronger treatment may be a better option for you.

If you are low-risk, you can feel more confident that starting with less aggressive therapies is appropriate. Being low risk doesn't guarantee you won't flare, it just tells you that you're less likely to do so. If you do flare, your doctor will be able to discuss with you the best course of action.



The course of IBD varies greatly from person to person.

This can make it confusing to know which is the best treatment for you.

Your doctor may recommend PredictSURE IBD™ to help understand your IBD and clarify the situation.

A small (2.5 ml) blood sample will be taken to perform the PredictSURE IBD™ test

Your doctor will discuss your result with you and how your risk may affect your treatment.

Those at high-risk of active disease may be monitored closely and prescribed stronger treatment. Low-risk patients can be more confident in “step-up” approach



“Crohn’s has always been a disease that’s constantly trying to gain ground. In the years after my diagnosis, failing my way through drugs of varying strength, I lost ground that I might never have had to give up if the people in charge of my care had a tool that allowed them to see a clearer picture of what I needed to stay well”.

Kate, a patient who has been living with Crohn’s Disease for several years



IBD – we’re not all the same

Common questions about the PredictSURE IBD™ test

What is the PredictSURE IBD™ test and how does it work?

PredictSURE IBD™ is a blood test that can reliably identify whether you are at risk of early and frequent relapses in IBD.

Why has my doctor asked for the test to be carried out?

This information will help your doctor determine the most appropriate treatment to better manage your condition from an early stage.

What will my doctor do with the results?

Your doctor will use the results provided by the test, in conjunction with other information, such as your colonoscopy results, to help you manage your symptoms and disease progression.

Will I have to do the test on a regular basis?

PredictSURE IBD™ is designed to be used once only, soon after diagnosis.

Will it affect the quality of my care if I don’t want to take the recommended treatment option?

Your treatment choice is your decision – your IBD team will work in partnership with you to ensure you always have the best possible care.

For more detailed responses to these and other questions, please visit the PredictImmune website.

Learn More

To learn more about how PredictImmune’s products and services can help you, feel free to get in touch.

T +44(0)1223 804 195

E info@predictimmune.com

predictimmune.com/predictsure-ibd

a  product



PredictSURE IBD™

